

**Carol Grace, MA, LMFT**  
Licensed Marriage & Family Therapist  
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**Directions to Mid-Valley Counseling at the Blue Lake Subdivision Community Center, 0180 JW Drive, Suite D (this doesn't always show up on GPS)**

**From Upvalley:** stay on hwy 82 through the main (not Willits) El Jebel light; continue one mile to the 1<sup>st</sup> right turn, which is into the Blue Lake subdivision.

**From Glenwood/downvalley:** drive up Hwy 82 to mile marker 18 (about 3 miles past the Catherine Store light). Turn left from the turn lane after mile 17 at the intersection sign.

My office is in the 1<sup>st</sup> building on the right, single story brown with a blue roof (unless covered by snow!). Park in the upper parking lot (the lower one goes to the child care building next door). Go in the front door, have a seat at the table, and I will come get you.

**Other road markers from Glenwood:** continue on Hwy 82 past the Carbondale Hwy 133 light, past the Catherine Store light – stay on Hwy 82, no turns – look for the Eagle County sign around mile marker 17 and get in the left turn lane after that. If you arrive at the main El Jebel light, you have gone 1 mile too far. Just turn around! It's very easy - please call if any problem and I'll guide you in!

**970-920-7683**