

SEXUALITY QUESTIONNAIRE:

Describe your parents' attitude toward sex. Was sex discussed in your home?

When and how did you derive your first knowledge of sex?

When did you first become aware of your own sexual impulses?

Have you ever experienced any anxiety or guilt arising out of sex or masturbation?

Yes No **If yes, please explain:**

Any relevant details regarding your first or subsequent sexual experiences?

Is your present sex life satisfactory? Yes No

If no, please explain:

Provide information about any significant homosexual reactions or relationships:

Please note any sexual concerns not discussed above:

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For people with partners:

What was sex like in the beginning? How is it now?

When and how has it changed?

How much are you still attracted to your partner?

How much do you still care for your partner?

What areas of your sex life are good?

What areas would you like to be different?

What issues get in the way of your sexual relationship? (technical & emotional)

How reliably orgasmic are you alone? If not, why not? If so, how (and how often) do you masturbate?

How reliably orgasmic are you with a partner? With your current partner?

What are your favorite sexual activities? Fantasies?

What are you most uncomfortable about regarding your sexuality (desires, past, etc)

How often are you having sex? How often would you like?

What changes, sexual or otherwise, would your partner need to make to improve your relationship?

What changes, sexual or otherwise, would you need to make to improve your relationship?

What medications are you and your partner taking? How are they affecting your sexuality?

What has been the hardest thing to talk about?

What do you wish we had talked about that we haven't?

